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White False Indigo

Baptisia alba



White False Indigo flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 24 inches

Flower Height: 3 feet

Spread: 24 inches

Sunlight: ○ ◐

Hardiness Zone: 5a

Description:

Spectacular spikes of airy white pea-flowers rise from blue-green foliage in early summer; use this plant for its outstanding display of vertical flowers as an accent in the garden

Ornamental Features

White False Indigo has masses of beautiful spikes of white pea-like flowers with creamy white overtones rising above the foliage from early to mid spring, which emerge from distinctive indigo flower buds, and which are most effective when planted in groupings. The flowers are excellent for cutting. Its oval leaves remain bluish-green in color throughout the season. The fruits are showy black pods displayed in late summer. The indigo stems are very colorful and add to the overall interest of the plant.



White False Indigo in bloom
Photo courtesy of NetPS Plant Finder

Landscape Attributes

White False Indigo is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard. It has no significant negative characteristics.

White False Indigo is recommended for the following landscape applications;

- Mass Planting
- General Garden Use

Planting & Growing

White False Indigo will grow to be about 24 inches tall at maturity extending to 3 feet tall with the flowers, with a spread of 24 inches. It tends to be leggy, with a typical clearance of 1 foot from the ground, and should be underplanted with lower-growing perennials. It grows at a slow rate, and under ideal conditions can be expected to live for approximately 25 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. It is not particular as to soil type, but has a definite preference for alkaline soils, and is able to handle environmental salt. It is somewhat tolerant of urban pollution. This species is native to parts of North America. It can be propagated by division.